



## WHERE EVERY TREATMENT IS WORTH A THOUSAND "AHHHHHHS."

Our salon and spa is the best-kept secret in the Quad Cities! We specialize in beauty and wellness services that enrich the mind, nourish the body and soothe the spirit. We feel spa treatments are not only luxuries but essential elements of your well-being and balanced living.

## YOUR ESCAPE TO WELLNESS

Experience instant transformation upon entering our vast and luxurious spa chambers. Everything beyond the lobby will feel like an escape into another universe leaving all of your troubles and responsibilities far behind. Starting in the cozy locker room where your belongings (physical and mental) can be stored and our extremely plush robes donned, you'll take your time traveling through what feels like an infinite sea of pampered pleasure. The high-end bathroom and vanity area, spa services corridor and the lavish lounge are all designed with your peace in mind. Whatever you choose, take your time and relax prior to - and after - your scheduled service. All areas of the spa, including the massage rooms, are plenty spacious so your journey can be your own, if you choose, or shared with friends.

## SERVICES & EXTRAS

Relax stressed muscles, nourish your skin, renew tired hands and feet and refresh your look with our many spa services. Choose from full body massages, facials, nail services, hair design, body waxing and gentleman's treatments. Highly trained wellness providers ask the right questions so you can get exactly what you came for. It's impossible not to relax, renew and rejuvenate in complete tranquility here.

Full use of the spa is complimentary with any spa service, so bring your bathing suit and be sure to leave enough time to indulge in our essential oil scented ice room, infrared sauna, jetted hot tub and private steam showers. We recommend rotating through all of them at your leisure! Time is of no essence here.

## LET YOUR WELLNESS JOURNEY BEGIN ...FOR YOU & YOUR FRIENDS!

Book your appointment by calling 563.328.8062 and be ready to share! Once you've experienced The Spa at Rhythm City in Davenport, you'll want to tell everyone you know.

### SPA HOURS:

Monday: 11 PM to 6 PM

Tuesday - Saturday: 9 AM to 7 PM

Sunday: 9 AM to 5 PM



## MASSAGE THERAPY

### TREE OF LIFE MASSAGE | \$90/\$125

The Japanese tradition of Shinrin-Yoku involves spending time in forests for the health benefits. Increased immune function, reduced stress levels and lower blood pressure are just some of the measurable health benefits of spending time in nature. This massage is great for stress reduction and boosting natural immunity. 60 or 90 minutes.

### OCEAN DEW MASSAGE | \$90/\$125

This massage combines traditional Swedish and lymphatic techniques to support the body's own cleansing mechanisms. The process is aided by a blend of organic botanicals that have been used to tone and strengthen vascular tissue and boost circulation. This massage helps the skin stay healthy and hydrated. 60 or 90 minutes.

### CUSTOM MASSAGE | \$60 | \$75 | \$110

A personalized blend of massage techniques designed to promote wellness of the mind, body and spirit. Stimulate your circulation, release muscle tension and enhance relaxation. Choose from light, medium or deep pressure, deep tissue, maternity or sports. 30, 60 or 90 minutes.

### COUPLE'S MASSAGE | \$170 | \$240

This spa experience is designed for two people who seek quality time together. Each massage is personalized to meet your individual needs. Includes champagne and chocolate-covered strawberries for two. 60 or 90 minutes.





## CIRCADIA FACIALS

### CHOCOLATE AND CHAMPAGNE OXYGEN FACIAL | \$120

Indulge your senses with the aroma of chocolate as the natural antioxidants and nourishing elements of raw cocoa powder add protection and boost healing for any skin type. Relax as the effervescence of pure oxygen boosts circulation, stimulates cell turnover and leaves the complexion hydrated and revitalized. 60 minutes.

### ALPHA BETA COMPLEX PEEL | \$95

Fights the signs of aging with the combination of Lactic and Salicylic acids. This unique blend of acids will not only effectively exfoliate the skin but also even complexion. This is the perfect rejuvenator of all skin types assisting in lasting results. 1st time get free after care kit. 60 minutes.

### Mandeliclear Peel | \$80

This unique acid complex will effectively lighten pigmentation due to acne, melasma, or photo damaged skin. This peel is designed to peel without excessive damage to the skin resulting in a flawless complexion. 1st time gets free after care kit. 30 minutes (Upon Consultation Only).

### Microdermabrasion And Enzyme Treatment | \$100

Using our Diamond Tip microdermabrasion to first exfoliate the skin and then finish with our customized enzymes to get a deeper exfoliation to bring out glowing, smooth skin. 60 minutes.



## EMINENCE FACIALS

### ARCTIC BERRY ADVANCED PEEL | \$110

This peel uses the power of arctic berries, lingonberry seed oil and hibiscus seed to target aging, hyperpigmentation as well as acne prone skin. Discover smooth, even and luminous skin. 60 minutes.

### PRO SALICYLIC ACID PEEL | \$110

This concentrated peel gives maximum results without irritation. This treatment targets congested pores to help improve acne breakouts. 60 minutes.

### CUSTOMIZED FACIAL | \$60 | \$90 | \$135

Our custom facials are customized to treat aging, acne, dry, sensitive and hyper-pigmentation. All facials include a double cleanse, skin analysis, exfoliation, extractions, masque, boosters, eye cream and moisturizer. 30, 60 or 90 minutes.



## FACIAL ENHANCEMENTS

### FACIAL CUPPING | \$15

Increases blood circulation, strengthen skin and connective tissue, boosts collagen and elasticity production, visibly reduces fine lines and deep wrinkles.

### ULTRASONIC | \$15

Allows for deeper penetration of products being used, tightens and tones, diminishes wrinkles, stimulated blood circulation.

### HIGH FREQUENCY | \$15

Used to help treat and prevent acne, shrink enlarged pores, reduce the appearance of fine lines and wrinkles.

### BRIGHT EYE TREATMENT | \$25

Customized products are used to reduce puffiness, diminish fine lines and wrinkles and hydrate the eye area (Add-on Only).

### LIP SERVICE | \$15

Exfoliation, mask and moisturizer for this often neglected area.

### COLD STONE FACE MASSAGE | \$15

Decreases inflammation, serves as a decongestant

*Add on services do not extend treatment time.*



## MASSAGE ENHANCEMENTS

### MASSAGE CUPPING | \$15

Used to treat pain, reduce swelling and Muscle knots. Increases blood circulation.

### HOT STONE MASSAGE | \$25

Eases muscle stiffness and increases circulation and metabolism, promotes deeper muscle relaxation

### FOOT SCRUB | \$15

Remove dry skin, soothe discomfort and pain, help relieve achy feet.

### COLD STONE FACE MASSAGE | \$15

Decreases inflammation, serves as a decongestant

### ARNICA HEALING | \$15

*Ease muscle and joint paint with our arnica infused products. (Add-on services do not extend treatment time.)*





## LASHES & BROWS

### LASH OR BROW TINT | \$20

Permanent color for your brows and lashes.  
Multiple color choices to match any hue.

### LASH LIFT | \$75

Dramatic curl lasts six to eight weeks with no aftercare.  
60 minutes. Add a lash tint for an additional \$10.

## BODY TREATMENTS

### BODY SCRUB | \$70

Experience a full body exfoliation with a sugar scrub to buff away dry, rough patches followed by a moisturizing massage with a soothing lotion to rehydrate the skin. 45 minutes.

### BODY WRAP | \$95

Begin with a sugar scrub to buff away dry, rough skin, followed by a warm cocoon of seasonal scents. This treatment is completed with a moisturizing lotion massage. 60 minutes.

*Our body treatments and facials are performed by our licensed estheticians. Share all your skin care concerns and they will create a plan for you to achieve your skin care goals.*



## HAIR DESIGN

GENTLEMAN'S CUT | \$25+  
CLEANSE & STYLE | \$20+  
BLOWOUT | \$40+  
FORMAL DESIGN | \$55+  
BRIDAL DESIGN | \$65+  
HAIRCUT & STYLE | \$40+  
SILKENING POWER INFUSION | \$15  
PARTIAL HIGHLIGHT | \$65+  
HAIR COLOR | \$60+  
FULL LOWLIGHT/HIGHLIGHT | \$80+  
ADDITIONAL BOWL OF COLOR | \$20  
COLOR CORRECTION | UPON CONSULTATION



## WAXING

A minimum of two weeks or 1/4" hair growth is recommended for best results.

BROW | \$15  
CHIN | \$15  
CHEST | \$40  
LIP | \$15  
NOSE | \$15  
EAR | \$15  
BACK | \$50  
HALF/FULL ARM | \$25 | \$35  
HALF/FULL LEG | \$45 | \$65  
UNDERARM | \$25  
BIKINI | \$40  
FEMALE BRAZILIAN | \$70  
FRENCH BIKINI | \$55  
ABDOMEN | \$30





## NAIL SERVICES

### EXPRESS MANICURE | \$25 OR EXPRESS PEDICURE | \$30

Nail shaping, massage and a fresh polish change.  
30 minutes each.

### SPA MANICURE | \$35 OR SPA PEDICURE | \$55

Nail shaping, cuticle care, massage and polish application  
for our signature manicure/pedicure. Hands: 45 minutes.  
Feet: 60 minutes.

### SHELLAC MANICURE | \$40 OR SHELLAC PEDICURE | \$60

Instantly dry nail color with increased durability up to 14 days.  
Includes nail shaping, cuticle care, hand massage and polish  
application. Hands: 60 minutes. Feet: 75 minutes.

### DIP MANICURE | \$45

Nail shaping, cuticle care and dip application. Lasts up to  
three weeks. 60 minutes.



## GENTLEMAN'S TREATMENTS

### MEN'S SIGNATURE FACIAL | \$60 | \$90 | \$135

Re-balance and refresh with this specialized treatment for a  
man's unique skin. 30, 60 or 90 minutes.

### MEN'S BEARD FACIAL | \$90

Customized for a man's facial hair. Includes cleanse,  
exfoliation, high frequency and beard oil. 60 minutes.

### CUSTOM MASSAGE | \$60 | \$75 | \$110

A personalized blend of massage techniques designed to  
promote wellness of the mind, body and spirit. Stimulate your  
circulation, release muscle tension and enhance relaxation.  
Choose from light, medium or deep pressure, deep tissue or  
sports. 30, 60 or 90 minutes.

### SPORTS MANICURE | \$30 AND/OR SPORTS PEDICURE | \$50

Hands / feet are excellently groomed and massaged to  
enhance circulation. Includes nail shaping and cuticle care.  
Hands: 45 minutes. Feet: 45 minutes.

### GENTLEMAN'S CUT | \$25

Tailored to complement your features and your personal style  
and needs.





## SPA PACKAGES

### SPA REJUVENATE 1 | \$148

- 60 min. Massage
- Spa Manicure
- Spa Pedicure

### SPA REJUVENATE 2 | \$158

- 60 min. Facial
- Spa Manicure
- Spa Pedicure

### BEYOND LUMINOUS | \$193

- 60 min. Facial
- 60 min. Massage
- Spa Pedicure

### BEYOND BEAUTIFUL | \$225

- 60 min. Facial
- 60 min. Massage
- Spa Pedicure
- Spa Manicure

### DAY OF DECADENCE | \$325

- 60 min. Facial
- 90 min. Massage
- Body Scrub
- Spa Pedicure
- Dip Manicure



## BENEFITS PURE FIJI



PURE FIJI

## DISCOVER THE AMAZING BENEFITS OF COCONUT!

THE SECRET OF THE SOUTH PACIFIC ISLANDS

- Anti Aging
- Hydrating & Nourishing
- Natural Decongestant (unclogs pores)
- Anti Bacterial
- Relieves Dry Skin
- Antioxidant
- Low Molecular Structure
- Vitamins A, B, C & E



*Coconut... the ultimate key ingredient of all Pure Fiji products!*







PURE FIJI

## SPOTLIGHT PRODUCTS



Mana' IA Body Oil



Mango Lifestyle



Gift Mango Candle



White Gingerlily



Roller Ball Guava



Room Mist Gingerlily



Room Mist Mango



Gift Gingerlily Candle



Roller Ball Coconut