



## WHERE EVERY TREATMENT IS WORTH A THOUSAND "AHHHHHHS."

Our salon and spa is the best-kept secret in the Quad Cities! We specialize in beauty and wellness services that enrich the mind, nourish the body and soothe the spirit. We feel spa treatments are not only luxuries but essential elements of your well-being and balanced living.

## YOUR ESCAPE TO WELLNESS

Experience instant transformation upon entering our vast and luxurious spa chambers. Everything beyond the lobby will feel like an escape into another universe leaving all of your troubles and responsibilities far behind. Starting in the cozy locker room where your belongings (physical and mental) can be stored and our extremely plush robes donned, you'll take your time traveling through what feels like an infinite sea of pampered pleasure. The high-end bathroom and vanity area, spa services corridor and the lavish lounge are all designed with your peace in mind. Whatever you choose, take your time and relax prior to - and after - your scheduled service. All areas of the spa, including the massage rooms, are plenty spacious so your journey can be your own, if you choose, or shared with friends.

## SERVICES & EXTRAS

Relax stressed muscles, nourish your skin, renew tired hands and feet and refresh your look with our many spa services. Choose from full body massages, facials, nail services, hair design, body waxing and gentleman's treatments. Highly trained wellness providers ask the right questions so you can get exactly what you came for. It's impossible not to relax, renew and rejuvenate in complete tranquility here.

Full use of the spa is complimentary with any spa service, so bring your bathing suit and be sure to leave enough time to indulge in our essential oil scented ice room, infrared sauna, jetted hot tub and private steam showers. We recommend rotating through all of them at your leisure! Time is of no essence here.

## LET YOUR WELLNESS JOURNEY BEGIN ...FOR YOU & YOUR FRIENDS!

Book your appointment by calling 563.328.8062 and be ready to share! Once you've experienced The Spa at Rhythm City in Davenport, you'll want to tell everyone you know.

### SPA HOURS:

Monday: 12 PM to 6 PM

Tuesday - Wednesday: 10 AM to 6 PM

Thursday: 9 AM to 7 PM

Friday - Saturday: 9 AM to 9 PM

Sunday: 9 AM to 5 PM



## MASSAGE THERAPY

### CUSTOM MESSAGE | \$60 | \$75 | \$100

A personalized blend of massage techniques designed to promote wellness of the mind, body and spirit. Stimulate your circulation, release muscle tension and enhance relaxation. Choose from light, medium or deep pressure, deep tissue, maternity or sports. 30, 60 or 90 minutes.

### STONE MESSAGE | \$115

Combines hands-on techniques with smooth, warm stones to help reduce stress and deeply-held tension. 75 minutes.

### COUPLE'S MESSAGE | \$170 | \$220

This spa experience is designed for two people who seek quality time together. Each massage is personalized to meet your individual needs. Includes champagne and chocolate-covered strawberries for two. 60 or 90 minutes.

*Did you know regular massage can help lower anxiety, alleviate pain, and improve memory retention? Start yourself on a path of wellness by scheduling regular massages with one of our therapists.*



## BODY TREATMENTS

### BODY SCRUB | \$70

Experience a full body exfoliation with a sugar scrub to buff away dry, rough patches followed by a moisturizing massage with a soothing lotion to rehydrate the skin. 45 minutes.

### BACK TO BEAUTY | \$90

Address the unique skin challenges of the back and shoulders. Target a variety of skin care needs including clogged pores, acne, and dehydrated skin. 60 minutes.

### BODY WRAP | \$95

Begin with a sugar scrub to buff away dry, rough skin, followed by a warm cocoon of seasonal scents. This treatment is completed with a moisturizing lotion massage. 90 minutes.

*Our body treatments and facials are performed by our licensed estheticians. Share all your skin care concerns and they will create a plan for you to achieve your skin care goals.*



## SKIN CARE

### CUSTOMIZED FACIAL | \$60 | \$90 | \$125

Our custom facials are customized to treat aging, acne, dry, sensitive and hyper-pigmentation. All facials include a double cleanse, skin analysis, exfoliation, extractions, masque, boosters, eye cream and moisturizer. 30, 60 or 90 minutes.

### ARCTIC BERRY ADVANCED PEEL | \$110 | \$135

This peel uses the power of arctic berries, lingonberry seed oil and hibiscus seed to target aging, hyperpigmentation as well as acne prone skin. Discover smooth, even and luminous skin. 60 or 90 minutes.

### PRO SALICYLIC ACID PEEL | \$110 | \$135

This concentrated peel gives maximum results without irritation. This treatment targets congested pores to help improve acne breakouts. 60 or 90 minutes.

### BRIGHT EYE TREATMENT | \$25

Customized products are used to reduce puffiness, diminish fine lines and wrinkles and hydrate the eye area. 15 minutes.





## MAKEUP

Our professional makeup line will enhance your natural beauty. Aveda is a makeup line infused with minerals and natural pigments that offer a healthy, natural glow and flawless finish.

### “HOW TO” TUTORIAL | \$50

Professionals teach technique and best choice colors for your skin tone, features and lifestyle.

### GIRLS NIGHT OUT | \$40

Full makeover includes foundation, eyes, cheeks and lips.

### LASH OR BROW TINT | \$20

Permanent color for your brows and lashes.  
Multiple color choices to match any hue.

*All of the products used in your makeup application are available for sale in addition to your service. If you're interested in a particular product, talk to your makeup artist about purchasing and availability.*



## ADD-ON TREATMENTS

### HIGH FREQUENCY | \$15

Used to help treat and prevent acne, shrink enlarged pores, reduce the appearance of fine lines and wrinkles.

### ULTRASONIC | \$15

Allows for deeper penetration of products being used, tightens and tones, diminishes wrinkles, stimulated blood circulation.

### FACIAL CUPPING | \$15

Increases blood circulation, strengthen skin and connective tissue, boosts collagen and elasticity production, visibly reduces fine lines and deep wrinkles.

### COLD STONE FACE MASSAGE | \$15

Decreases inflammation, serves as a decongestant

### HOT STONE MASSAGE | \$25

Eases muscle stiffness and increases circulation and metabolism, promotes deeper muscle relaxation

### FOOT SCRUB | \$15

Remove dry skin, soothe discomfort and pain, help relieve achy feet.

### LIP SERVICE | \$15

Exfoliation, mask and moisturizer for this often neglected area.

*(Add-on services do not extend treatment time.)*



## HAIR DESIGN

GENTLEMAN'S CUT | \$25+

CLEANSE & STYLE | \$20+

BLOWOUT | \$40+

FORMAL DESIGN | \$55+

BRIDAL DESIGN | \$65+

HAIRCUT & STYLE | \$40+

PARTIAL HIGHLIGHT | \$65+

HAIR MASQUE & STYLE | \$35+

HAIR COLOR | \$60+

FULL LOWLIGHT/HIGHLIGHT | \$80+

ADDITIONAL BOWL OF COLOR | \$20

BOTANICAL THERAPY TREATMENTS | \$40

Choose from Damaged, Dry or Scalp Care.

\$20 when added to any hair service.

PRAMASANA SCALP TREATMENT | \$45

\$30 when added to any hair service.

COLOR CORRECTION | UPON CONSULTATION





## WAXING

A minimum of two weeks or 1/4" hair growth is recommended for best results.

BROW | \$15

CHIN | \$15

CHEST | \$40

LIP | \$15

NOSE | \$15

EAR | \$15

BACK | \$50

HALF/FULL ARM | \$25 | \$35

HALF/FULL LEG | \$45 | \$65

UNDERARM | \$25

BIKINI | \$40

FEMALE BRAZILIAN | \$70

FRENCH BIKINI | \$55

ABDOMEN | \$30



## NAIL SERVICES

**EXPRESS MANICURE | \$25**  
**OR EXPRESS PEDICURE | \$30**

Nail shaping, massage and a fresh polish change.  
30 minutes each.

**SPA MANICURE | \$35**  
**OR SPA PEDICURE | \$55**

Nail shaping, cuticle care, massage and polish application  
for our signature manicure/pedicure. Hands: 45 minutes.  
Feet: 60 minutes.

**SHELLAC MANICURE | \$40**  
**OR SHELLAC PEDICURE | \$60**

Instantly dry nail color with increased durability up to 14 days.  
Includes nail shaping, cuticle care, hand massage and polish  
application. Hands: 60 minutes. Feet: 75 minutes.

**GEL NAIL EXTENTIONS | \$55**  
**GEL FILL OR REMOVAL | \$25**

Add length without staining your natural nail with this long-  
lasting treatment. Hands: 60 minutes. Feet: 75 minutes.



## GENTLEMAN'S TREATMENTS

### MEN'S SIGNATURE FACIAL | \$60 | \$90 | \$125

Rebalance and refresh with this specialized treatment for a man's unique skin. 30, 60 or 90 minutes.

### CUSTOM MASSAGE | \$60 | \$75 | \$100

A personalized blend of massage techniques designed to promote wellness of the mind, body and spirit. Stimulate your circulation, release muscle tension and enhance relaxation. Choose from light, medium or deep pressure, deep tissue, or sports. 30, 60 or 90 minutes.

### SPORTS MANICURE | \$30 AND/OR SPORTS PEDICURE | \$50

Hands / feet are excellently groomed and massaged to enhance circulation. Includes nail shaping and cuticle care. Hands: 45 minutes. Feet: 45 minutes.

### GENTLEMAN'S CUT | \$25

Tailored to complement your features and your personal style and needs.



## SPA PACKAGES

### SPA REJUVENATE 1 | \$148

- 60 min. Massage
- Spa Manicure
- Spa Pedicure

### SPA REJUVENATE 2 | \$158

- 60 min. Facial
- Spa Manicure
- Spa Pedicure

### BEYOND LUMINOUS | \$193

- 60 min. Facial
- 60 min. Massage
- Spa Pedicure

### BEYOND BEAUTIFUL | \$225

- 60 min. Facial
- 60 min. Massage
- Spa Pedicure
- Spa Manicure

### DAY OF DECADENCE | \$320

- 60 min. Facial
- 90 min. Massage
- Body Scrub
- Spa Pedicure
- Shellac Manicure