



## WHERE EVERY TREATMENT IS WORTH A THOUSAND “AHHHHHHS.”

Our salon and spa is the best-kept secret in the Quad Cities! We specialize in beauty and wellness services that enrich the mind, nourish the body and soothe the spirit. We feel spa treatments are not only luxuries but essential elements of your well-being and balanced living.

## YOUR ESCAPE TO WELLNESS

Experience instant transformation upon entering our vast and luxurious spa chambers. Everything beyond the lobby will feel like an escape into another universe leaving all of your troubles and responsibilities far behind. Starting in the cozy locker room where your belongings (physical and mental) can be stored and our extremely plush robes donned, you'll take your time traveling through what feels like an infinite sea of pampered pleasure. The high-end bathroom and vanity area, spa services corridor and the lavish lounge are all designed with your peace in mind. Whatever you choose, take your time and relax prior to - and after - your scheduled service. All areas of the spa, including the massage rooms, are plenty spacious so your journey can be your own, if you choose, or shared with friends.



## MASSAGE THERAPY

### TREE OF LIFE MASSAGE | \$100 | \$150

The Japanese tradition of Shinrin-Yoku involves spending time in forests for the health benefits. Increased immune function, reduced stress levels and lower blood pressure are just some of the measurable health benefits of spending time in nature. This massage is great for stress reduction and boosting natural immunity. 60 or 90 minutes.

### OCEAN DEW MASSAGE | \$100 | \$150

This massage combines traditional Swedish and lymphatic techniques to support the body's own cleansing mechanisms. The process is aided by a blend of organic botanicals that have been used to tone and strengthen vascular tissue and boost circulation. This massage helps the skin stay healthy and hydrated. 60 or 90 minutes.

### CUSTOM MASSAGE | \$65 | \$90 | \$135

A personalized blend of massage techniques designed to promote wellness of the mind, body and spirit. Stimulate your circulation, release muscle tension and enhance relaxation. Choose from light, medium or deep pressure, deep tissue, maternity or sports. 30, 60 or 90 minutes.

### COUPLE'S MASSAGE | \$210 | \$290

This spa experience is designed for two people who seek quality time together. Each massage is personalized to meet your individual needs. Includes champagne and chocolate-covered strawberries for two. 60 or 90 minutes.



## MASSAGE ENHANCEMENTS

### MASSAGE CUPPING | \$15

Used to treat pain, reduce swelling and muscle knots. Increases blood circulation.

### HOT STONE MASSAGE | \$25

Eases muscle stiffness and increases circulation and metabolism, promotes deeper muscle relaxation

### FOOT SCRUB | \$15

Remove dry skin, soothe discomfort and pain, help relieve achy feet.

### COLD STONE FACE MASSAGE | \$15

Decreases inflammation, serves as a decongestant

### ARNICA HEALING | \$15

Ease muscle and joint pain with our arnica infused products.

Add-on services do not extend treatment time.



## EMINENCE FACIALS

### MICRODERMABRASION AND ENZYME TREATMENT | \$110

Using our Diamond Tip microdermabrasion to first exfoliate the skin and then finish with our customized enzymes to get a deeper exfoliation to bring out glowing, smooth skin. 60 minutes.

### FACE LIFT FACIAL | \$165

A customized facial with added trademarked technique using acupressure, myotoning, myofascial release and massage. Techniques incorporating hot and cold stone therapy, resulting in a lifted, toned face. Perfect to do before big events or to book a series to see permanent results. 90 minutes.

### ARCTIC BERRY ADVANCED PEEL | \$115

This peel uses the power of arctic berries, lingonberry seed oil and hibiscus seed to target aging, hyperpigmentation as well as acne prone skin. Discover smooth, even and luminous skin. 60 minutes.

### PRO SALICYLIC ACID PEEL | \$115

This concentrated peel gives maximum results without irritation. This treatment targets congested pores to help improve acne breakouts. 60 minutes.

### CUSTOMIZED FACIAL | \$65 | \$100 | \$150

Our custom facials are customized to treat aging, acne, dry, sensitive and hyper-pigmentation. All facials include a double cleanse, skin analysis, exfoliation, extractions, masque, boosters, eye cream and moisturizer. 30, 60 or 90 minutes.





## **FACIAL** ENHANCEMENTS

### **FACIAL CUPPING | \$15**

Increases blood circulation, strengthen skin and connective tissue, boosts collagen and elasticity production, visibly reduces fine lines and deep wrinkles.

### **ULTRASONIC | \$15**

Allows for deeper penetration of products being used, tightens and tones, diminishes wrinkles, stimulated blood circulation.

### **HIGH FREQUENCY | \$15**

Used to help treat and prevent acne, shrink enlarged pores, reduce the appearance of fine lines and wrinkles.

### **BRIGHT EYE TREATMENT | \$25**

Customized products are used to reduce puffiness, diminish fine lines and wrinkles and hydrate the eye area. (Add-on only).

### **LIP SERVICE | \$15**

Exfoliation, mask and moisturizer for this often neglected area.

### **COLD STONE FACE MASSAGE | \$15**

Decreases inflammation, serves as a decongestant

### **MICROCURRENT | \$20**

Re-educate the muscles to firm and tighten skin, reduce fine lines and wrinkles.

Add-on services do not extend treatment time.



## LASHES & BROWS

### LASH OR BROW TINT | \$25

Permanent color for your brows and lashes.

Multiple color choices to match any hue.

### LASH LIFT | \$75

Dramatic curl lasts six to eight weeks with no aftercare.

60 minutes. Add a lash tint for an additional \$15.

### BROW LAMINATION | \$95

A safe alternative to micro-blading.

Brow lamination is basically a perm for your brows, as it gives them a set, uniform shape for an extended period of time. Instead of curls, a setting lotion helps brow hair stay brushed up and lifted upward for about 2-4 weeks. Price includes tint and wax.

## BODY TREATMENTS

### BODY SCRUB | \$70

Experience a full body exfoliation with a sugar scrub to buff away dry, rough patches followed by a moisturizing massage with a soothing lotion to rehydrate the skin. 45 minutes.

### HEAD TO TOE BODY REVITALIZATION | \$120

Start with a full body dry brushing to improve circulation, exfoliate the skin's surface, break apart cellulite and move lymph. Next is a full body wrap with our chocolate truffle body wrap, with antioxidants to quench dry skin and refine your skin's appearance. We finish off with a light massage of pure coconut oil to soften and rehydrate the skin, leaving you baby soft. 90 minutes.

### HERBAL CELLULITE BODY TREATMENT | \$160

Enjoy this regenerating and toning body wrap that helps improve elasticity for a firmer, smoother and more youthful appearance. This stimulating treatment will warm up and invigorate areas of concern and help reduce the appearance of cellulite.



## HAIR DESIGN

GENTLEMAN'S CUT | \$25+

CLEANSE & BLOW DRY | \$25

STYLING | \$20

UPDO | \$50

FORMAL UPDO | \$75+

WOMENS HAIRCUT & STYLE | \$50+

HAIR TREATMENT | \$15+

PARTIAL COLOR | \$65+

FULL COLOR | \$85+

PARTIAL HIGHLIGHT | \$75

FULL HIGHLIGHT | \$95+

ADDITIONAL BOWL OF COLOR | \$20

COLOR CORRECTION | UPON CONSULTATION



## WAXING

A minimum of two weeks or 1/4" hair growth is recommended for best results.

BROW | \$20

CHIN | \$15

CHEST | \$40

LIP | \$20

NOSE | \$15

EAR | \$15

BACK | \$50

HALF/FULL ARM | \$30 | \$40

HALF/FULL LEG | \$45 | \$75

UNDERARM | \$25

BIKINI | \$45

FEMALE BRAZILIAN | \$75

FRENCH BIKINI | \$60

ABDOMEN | \$30





## NAIL SERVICES

### EXPRESS MANICURE | \$25 OR EXPRESS PEDICURE | \$30

Nail shaping, massage and a fresh polish change.  
30 minutes each.

### SPA MANICURE | \$35 OR SPA PEDICURE | \$55

Nail shaping, cuticle care, massage and polish application  
for our signature manicure/pedicure. Hands: 45 minutes. Feet:  
60 minutes.

### SHELLAC MANICURE | \$40 OR SHELLAC PEDICURE | \$60

Instantly dry nail color with increased durability up to 14 days.  
Includes nail shaping, cuticle care, hand massage and polish  
application. Hands: 60 minutes. Feet: 75 minutes.

### DIP MANICURE | \$45

Nail shaping, cuticle care and dip application. Lasts up to three  
weeks. 60 minutes.

### NAIL ART | \$5 AND UP

Includes stamping, nail design, jewels, and other options  
available. French tips start at \$10. Polish change is \$20.



## GENTLEMAN'S TREATMENTS

### MEN'S SIGNATURE FACIAL | \$65 | \$100 | \$150

Re-balance and refresh with this specialized treatment for a man's unique skin. 30, 60 or 90 minutes.

### MEN'S BEARD FACIAL | \$100

Customized for a man's facial hair. Includes cleanse, exfoliation, high frequency and beard oil. 60 minutes.

### CUSTOM MASSAGE | \$65 | \$90 | \$135

A personalized blend of massage techniques designed to promote wellness of the mind, body and spirit. Stimulate your circulation, release muscle tension and enhance relaxation. Choose from light, medium or deep pressure, deep tissue or sports. 30, 60 or 90 minutes.

### SPORTS MANICURE | \$30 AND/OR SPORTS PEDICURE | \$50

Hands / feet are excellently groomed and massaged to enhance circulation. Includes nail shaping and cuticle care.  
Hands: 45 minutes. Feet: 45 minutes.

### GENTLEMAN'S CUT | \$25

Tailored to complement your features and your personal style and needs.



## SPA PACKAGES

### SPA REJUVENATE 1 | \$162

- 60 min. Massage
- Spa Manicure
- Spa Pedicure

### SPA REJUVENATE 2 | \$172

- 60 min. Facial
- Spa Manicure
- Spa Pedicure

### BEYOND LUMINOUS | \$220

- 60 min. Facial
- 60 min. Massage
- Spa Pedicure

### BEYOND BEAUTIFUL | \$252

- 60 min. Facial
- 60 min. Massage
- Spa Pedicure
- Spa Manicure

### DAY OF DECADENCE | \$360

- 60 min. Facial
- 90 min. Massage
- Body Scrub
- Spa Pedicure
- Shellac Manicure

## SERVICES & EXTRAS

Relax stressed muscles, nourish your skin, renew tired hands and feet and refresh your look with our many spa services. Choose from full body massages, facials, nail services, hair design, body waxing and gentleman's treatments. Highly trained wellness providers ask the right questions so you can get exactly what you came for. It's impossible not to relax, renew and rejuvenate in complete tranquility here.

Full use of the spa is complimentary with any spa service, so bring your bathing suit and be sure to leave enough time to indulge in our essential oil scented ice room, infrared sauna, jetted hot tub and private steam showers. We recommend rotating through all of them at your leisure! Time is of no essence here.

## LET YOUR WELLNESS JOURNEY BEGIN ...FOR YOU & YOUR FRIENDS!

Book your appointment by calling 563.328.8062 and be ready to share! Once you've experienced The Spa at Rhythm City in Davenport, you'll want to tell everyone you know.

### SPA HOURS:

Monday: 11 AM to 6 PM

Tuesday - Saturday: 9 AM to 7 PM

Sunday: 9 AM to 5 PM

Our body treatments and facials are performed by our licensed estheticians. Share all your skin care concerns and they will create a plan for you to achieve your skin care goals.