



Date: \_\_\_\_\_

## CLIENT INTAKE FORM - THERAPEUTIC MASSAGE

### Personal Information:

Name: \_\_\_\_\_ Day Phone: \_\_\_\_\_ Evening Phone: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip Code: \_\_\_\_\_

Email: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ Occupation: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_ Relationship: \_\_\_\_\_ Phone: \_\_\_\_\_

### Massage:

1. Have you had a professional massage before? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, how often do you receive massage benefits: \_\_\_\_\_

2. Do you have any difficulty lying on your front, back or side? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please explain: \_\_\_\_\_

3. Do you have any allergies to oils, lotions or ointments? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please explain: \_\_\_\_\_

4. Do you have sensitive skin? Yes \_\_\_\_\_ No \_\_\_\_\_

5. Are you wearing contact lenses? Yes \_\_\_\_\_ No \_\_\_\_\_ Dentures? Yes \_\_\_\_\_ No \_\_\_\_\_ Hearing Aids? Yes \_\_\_\_\_ No \_\_\_\_\_

6. Do you sit for long hours at a workstation, computer or driving? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please describe: \_\_\_\_\_

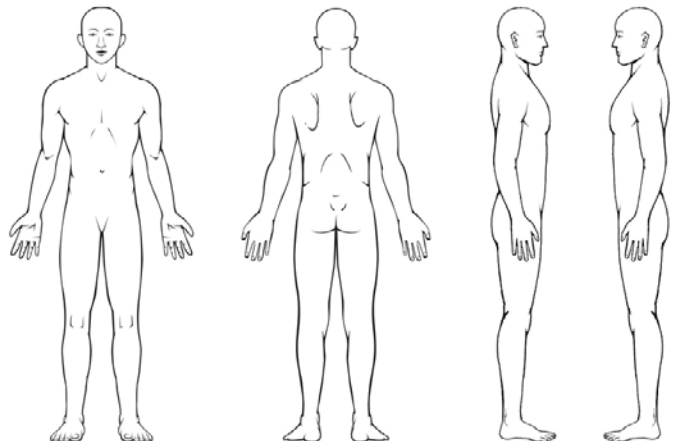
7. Do you perform any repetitive movement in your work, sports or hobby? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please describe: \_\_\_\_\_

8. Do you experience stress in your work, family or other aspect of your life? Yes \_\_\_\_\_ No \_\_\_\_\_  
Muscle Tension \_\_\_\_\_ Anxiety \_\_\_\_\_ Insomnia \_\_\_\_\_ Irritability \_\_\_\_\_

Is there a particular area of the body where you are experiencing tension, stiffness, pain or other discomfort?  
\_\_\_\_\_  
\_\_\_\_\_

9. Do you have any particular goals in mind for this massage session? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please explain: \_\_\_\_\_  
\_\_\_\_\_

10. Circle or indicate any areas you would like the massage therapist to concentrate on during the session on the diagram to the right.



# Medical History

In order to plan a massage session that is safe and effective, some general medical history is required.

1. Are you currently under medical supervision? Yes \_\_\_\_\_ No \_\_\_\_\_  
If yes, please explain: \_\_\_\_\_
2. Do you see a chiropractor? Yes \_\_\_\_\_ No \_\_\_\_\_  
How often? \_\_\_\_\_
3. Are you currently taking any medication? Yes \_\_\_\_\_ No \_\_\_\_\_  
Please list: \_\_\_\_\_
4. Please check any condition listed below that applies to you:  

_____ contagious skin condition	_____ phlebitis	_____ deep vein thrombosis / blood clots
_____ open sores or wounds	_____ easy bruising	_____ joint disorder/rheumatoid arthritis/osteoarthritis
_____ tendinitis	_____ osteoporosis	_____ recent accident or injury
_____ recent fracture	_____ epilepsy	_____ recent surgery
_____ headaches/migraines	_____ artificial joint	_____ cancer
_____ sprain/strains	_____ diabetes	_____ current fever
_____ decreased sensation	_____ swollen glands	_____ back/neck problems
_____ allergies/sensitivity	_____ fibromyalgia	_____ heart condition
_____ TMJ	_____ tennis elbow	_____ high or low blood pressure
_____ carpal tunnel syndrome	_____ varicose veins	_____ circulatory disorder
_____ atherosclerosis	_____ pregnancy - how many months? _____	

Please explain any condition you have marked above: \_\_\_\_\_
5. Is there anything else about your health history that you think would be useful for your massage practitioner to know to plan a safe and effective massage session for you? \_\_\_\_\_

Draping will be used during the session. Only the area being worked on will be uncovered. Clients under the age of 17 must be accompanied by a parent or legal guardian during the entire session. Informed written consent must be provided by parent or legal guardian for any client under the age of 17.

I, \_\_\_\_\_, understand that the massage I receive is provided for the basic purpose of relaxation and relief of muscular tension. If I experience any pain or discomfort during this session, I will immediately inform the therapist so that the pressure and/or strokes may be adjusted to my level of comfort. I further understand that massage should not be construed as a substitute for medical examination, diagnosis, or treatment and that I should see a physician, chiropractor or other qualified medical specialist for any spinal or skeletal adjustments, diagnose, prescribe or treat any physical or mental illness, and that nothing said in the course of the session given should be construed as such. Because massage should not be performed under certain medical conditions, I affirm that I have stated all my known medical conditions, and answered all questions honestly, I agree to keep the therapist updated as to any changes in my medical profile and understand that there shall be no liability on the part of the therapist or Rhythm City Casino Resort should I fail to do so.

By this Waiver, I assume any risk, and take full responsibility and waive any claims of personal injury, death or damage to personal property associated with or unsatisfactory results from the said services being provided to me given that this waiver does not apply to any acts of gross negligence, or intentional, willful or wanton misconduct.

This Waiver and Release contains the entire agreement between the Spa and myself, and supersedes any prior written or oral agreements concerning the subject matter of this Waiver and Release. The provisions of this Waiver and Release may be waived, altered, amended or repealed, in whole or in part, only upon the prior written consent of the Spa and myself.

The provision of this Waiver and Release will continue in full force and effect even after the termination of the services being provided to me, whether by agreement, by operation of law, or otherwise.

Signature of Client: \_\_\_\_\_ Date: \_\_\_\_\_

Signature of Massage Therapist: \_\_\_\_\_ Date: \_\_\_\_\_